RECREATIONAL THERAPY - 2024-Current

University of South Alabama – College of Education and Professional Studies

Department of Health, Kinesiology and Sport

GENERAL EDUCATION (47 Hours)	**Grade**	**Hours**
Area I - Written Composition (2 Courses, 6 Hours)		
*EH 101 English Composition I (**Prerequisite course for Candidacy)*		3
*EH 102 English Composition II *(*Prerequisite course for Candidacy)*		3
***Area II - Humanities and Fine Arts (4 Courses, 12 Hours) (*Sequence required in either English (EH) or History (HY)**		
*CA 110 Public Speaking *(*Prerequisite course for Candidacy)*		3
One course from EH 215, 216; 225, 226; 235, 236		3
One course from: ARH 100, 103, 123; ARS 101; DRA 110; MUL 101		3
One course from EH 215, 216; 225, 226; 235, 236 or advisor approved humanities or fine arts elective**.**		3
Area III - Natural Science and Mathematics (3 Courses, 11 Hours)		
One course from: MA 110, 112, 113, 115, 120		3
One course from (including lab): BLY 101, 121; CH 101, 103, 131, 132; GEO 101, 102; GY 111, 112; PH 101, 104, 114, 115, 201, 202		4
One course from (including lab): BLY 102, 122; CH 101, 103, 131, 132; GEO 101, 102; GY 111, 112; PH 101, 104, 114, 115, 201, 202		4
***Area IV - History, Social and Behavioral Sciences (4 Courses, 12 Hours)* Sequence required in either English (EH) or History (HY)**		
(*Students will only receive credit for 2 history courses.)*		
One course from HY 101, 102; HY 121, 122, HY 135, 136		3
Two courses from: PSY 120, 250		6
One course from**:** AN 100, 101; ECO 215, 216; GEO 114, 115; HY 101, 102, 121, 122, 135, 136; PSC 130; SY 109, 112		3
Kinesiology/Physical Education (4 Courses, 6 Hours)		
KIN 100 Concepts of Health and Fitness		3
3 hours of PE 101-157 PE Activity Courses		3
General Electives (3 Hours)		
100-499		3
RECREATIONAL THERAPY CORE (70 Hours)		
*BMD 251 Human Anatomy and Physiology I *(*Prerequisite course for Candidacy)*		4
BMD 252 Human Anatomy and Physiology II		4
HS 170 First Aid		1
KIN 370 Basic Motor Learning		3
KIN 380 Kinesiology **OR** KIN 476 Exercise Physiology		3
KIN 461 PE for the Atypical Child **OR** IST 210 Introduction to Disability		3
KIN 477 Water Safety Instructor **OR** KIN 231 ARC Lifeguard Training **OR** KIN 166 Movement-Rhythms and Development Activity		3
RTH 292 Outdoor Recreation/Adventure		3
*RTH 295 Intro to Therapeutic Recreation *(*Prerequisite course for Candidacy)*		3
*RTH 298 Practicum in Therapeutic Recreation *(*Prerequisite course for Candidacy)*		3
RTH 375 Management of Therapeutic Recreation Services		3
RTH 395 Therapeutic Recreation Process (W) *(Satisfies University Writing Requirement)*		3
RTH 397 Recreational Therapy Interventions with Older Adults		3
RTH 465 TR Program Des: Interventions I *(Requires Candidacy)*		3
RTH 466 TR Program Des: Interventions II *(Requires Candidacy)*		3
RTH 468 Facilitation Techniques in Therapeutic Recreation		3
RTH 471 Evaluation and Research in HKS (W) *(Requires Candidacy)*		3
RTH 495 Internship in Recreational Therapy *(Requires Candidacy)*		12
SM 483 Issues in HKS *(Requires Candidacy)*		3
PSY 340 Abnormal Psychology		3
Major Elective – from HS, KIN, PE, RTH or SM		1
	Total Hours	**120**

Revised 7/08/25

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University and College Requirements:

Writing Requirement – The University requires that a candidate for graduation must have completed two designated writing credit courses at USA, with at least one course chosen from offerings in the candidate's major or minor. Courses meeting this requirement are designated with a (W) after the course title in the "Courses" section of the University Bulletin. Individuals who transfer in credit to substitute for a course(s) designated as a (W) course must meet the writing requirement by taking a (W) course(s) at USA.

Transient Approval – Students must have prior approval (obtained in the Advising Center) to enroll as a transient student at another institution. A maximum of 64 semester hours may be accepted from a two-year institution.

Residency Requirement – A candidate for graduation must complete a minimum of 25 percent of the credit hours required for the degree through instruction offered by the University of South Alabama in upper-division course work (300 and 400 levels).

Candidacy Admission Requirements for RECREATIONAL THERAPY Majors

Hours:

- **60 program hours. A minimum of 12 semester hours must be taken at USA.**
- **Completion of the required Freshman experience, if applicable.**

GPA Requirements:

- **2.20 Minimum Overall GPA (All work attempted at USA.)**
- **2.20 Minimum Major GPA**

Course Requirements:

- **CA 110, EH 101, EH 102, BMD 251, RTH 295, RTH 298**

Other requirements:

- **Completion of online Candidacy application.**
- **Completion of a satisfactory departmental interview with your assigned advisor. Recommendation of advisor and department chairperson.**
- **Sufficient physical ability and emotional stability to perform successfully as a professional. These and other factors could be determined through a departmental interview.**

Application/Admission Information:

- **Candidacy applications are due one semester prior to enrolling in classes that require Candidacy. The intent is for students to apply for Candidacy AND meet with their advisor prior to registration to enable appropriate planning decisions for upcoming semesters.**
- **Students approaching eligibility will receive a link to the online application in their JagMail.**
- **After final grades are posted and all requirements are verified as met, the Office of Student Services will notify students by JagMail when they are admitted to Candidacy. Students will then be able to register for Candidacy courses.**