EXERCISE SCIENCE

2025-Current

Master of Science – M.S.

University of South Alabama – College of Education and Professional Studies

MINIMUM GRADUATE HOURS REQUIRED: 30

		Hours	Semester	Grade
Research and Evaluation (3 Hours)				
KIN 505	Research Methods in HKS	3		
Area of Specialization (18 Hours)				
KIN 516	Exercise Physiology	3		
KIN 562	Biochemical and Molecular Aspects of Exercise & Nutrition	3		
KIN 563	Nutrition	3		
KIN 571	Exercise Management of Chronic Diseases and Disabilities	3		
KIN 572	Neuromuscular Principles in Exercise	3		
KIN 583	Clinical Exercise Testing and Prescription	3		
Choose Either the Thesis, Capstone Project or Internship Option below:				
Thesis Option (9 Hours)				
IDE 620	Quantitative Methods I	3		
KIN 599	Thesis *(Total of 6 Hours)*	6		
	OR			
Capstone Project (9 Hours)				
IDE 620	Quantitative Methods I	3		
KIN 699	Research Project	6		
	OR			
Internship Option (9 Hours)				
KIN 595	Internship	3		
500-599	Advisor Approved Elective from KIN prefix	3		
500-599	Advisor Approved Elective	3		

Revised 1/15/25

HKS Tentative Course Offerings:

Fall Semester: HS 510; KIN 505, 516, 521, 563, 579, 590, 594, 595, 599, 699

Spring Semester: HS 560; KIN 500, 562, 572, 579, 583, 590, 594, 595, 599, 699

Summer Semester: HS 565, 575; KIN 506, 571, 574, 579, 590, 594, 595, 599, 699