

Health Promotion

Accelerated Masters of Science Program (Online Optional)

UNIVERSITY OF SOUTH ALABAMA

Program of Study

The program emphasizes the identification of health-related needs, promotion of healthy communities, and the development of health strategies, activities, and services.



- An important goal of the Master of Science in Health Promotion degree is to develop students who will be qualified for leadership positions in health professions in the public and private sector that effectively achieve the outcome of improved health.

- Health Promotion M.S. (southalabama.edu)

Career Opportunities

What can I do with a degree in Health Promotion?

The program prepares students to assess individual and community needs, plan, implement, coordinate and evaluate health education related programs and services while serving as resource persons and communicating health related education needs and concerns. Examples of content area course work include personal and community health, nutrition, safety education, human anatomy and physiology, drug education, psychology, environmental science, and sociology. An internship/field experience is required in this program. Internship opportunities include working in county health departments, hospital settings, wellness facilities, and other health related settings.

Career Opportunities:

- Community Health Educator (e.g. health coaching, healthcare administrator)
- Parks and Recreation
- Community Health or Public Health Worker (e.g. health researcher, health intake/triage)
- Medical Sales
- Wellness Center Director/Coordinator (e.g. YMCA, community health center, student recreation center)
- Corporate Wellness
- Coaching (athletics)

USA
UNIVERSITY OF SOUTH ALABAMA
COLLEGE OF EDUCATION
AND PROFESSIONAL STUDIES

Required Course Work

18 Credit Hours

- **KIN 505-** Reading, Writing, and Research in Health, Kinesiology, and Sport
- **HS 510-** Current Health Issues
- **HS 560**- Methods in Health Education **or** **HS 575** Public Health
- **HS 565-** Community Health
- **KIN 563**- Nutrition
- **KIN 595-** Internship (Cannot be completed in your first semester of study and is preferred to be taken in final semester of attendance).

Elective Options

12 Credit Hours (4 Courses) Required

The list below are the encouraged list of electives for the program:

- **IDE 510-** Education Research and Evaluation (Online)- FALL, SPRING, SUMMER
- **KIN 500-** Administration of Health, Physical Education and Sport (Online)-SPRING
- **KIN 506-** Curriculum in HPE (Online)- SUMMER
- **KIN 516-** Exercise Physiology (Campus)-FALL
- **KIN 521-** Motor Learning (Online)-FALL
- **KIN 560-** Biochemical and Molecular Aspects of Exercise (Campus)-SPRING
- **KIN 574-** Sport and Fitness Conditioning (Campus)-SUMMER
- **PSC 585**- Health Policy (Online)-FALL
- **PSC 586**- Health Administration (Online)- SPRING
- **SY 535-** Health Disparities Life Span (Campus)- FALL

*****Electives may from the HKS Department (KIN, SM, HS), CEPS (ie. IDE, EDU, EDM, EPY, SPE), or other colleges across campus (PSC) but **must be approved, in advance**, by your academic advisor.

Master of Science- Health Accelerated One Year Plan

We recommend the following progression:

Online Accelerated Master's Degree in Health Promotion		
Fall (12 hours)	**Spring (9 hours)**	**Summer (9 hours)**
KIN 505 (Online) HS 510 (Online) KIN 563 (Online) Elective	*HS 560 (Online) Elective Elective	HS 565 (Online) *HS 575 (Online) Elective KIN 595- Internship (125 hours)

*Students can take HS 560 or HS 575

- Other important information on graduate assistantships in HKS can be found at:

Graduate Assistantships (southalabama.edu)

Students **cannot** be in the accelerated one-year program and be a graduate assistant in the HKS Department. Additionally, HKS graduate assistants **must** be available to teach and conduct research **on campus**.

Comprehensive Exam

*During the second to last semester, students must register for graduation.

*During the final semester of the program students must register to take their comprehensive exam.

*The purpose of the comprehensive exam is to assess knowledge gained throughout the entirety of the program. The comprehensive exam will contain four content questions from the courses you completed during your time in the program. The questions, which will be completed in essay form, must be answered and supported with research/theory garnered from your coursework in those areas. Students have four hours to complete the comprehensive exam. The exams will then be scored by assigned instructors for the courses in a pass/fail format.

*The comprehensive exam is completed on campus and is REQUIRED.

Questions?

Contact the **College of Education and Professional Studies** for questions about applying, financial aid, scholarships, classes, etc.

Email: ceps@southalabama.edu

Phone: (251) 380-2738



Program Faculty:

Dr. Shelley Holden
sholden@southalabama.edu

Dr. Caitlyn Hauff
chauff@southalabama.edu

Stay connected.

#WeAreSouth #WeAreCEPS

@USACEPS @USACEPS @USACEPS